

ALL DAY MENU

BRUNCH

POACHED PEAR WITH MASCARPONE AND HONEY

on Toasted Seeded Rye 14.5

PETROL MUESLI

Yogurt, Stewed Apples and a Date Berry Compote 9.5

PORRIDGE

Mixed with Coconut, Sunflower Seeds, Sultanas, Poppy Seeds, Cinnamon and Honey served with Yogurt, Stewed Apples and a Date Berry Compote 10.5

FRUIT TOAST

Spread with Cinnamon Butter, Ricotta and Fig Compote on side 9.5

CINNAMON FRENCH TOAST

Smoked Bacon, served with Mascarpone and an Orange Berry Compote 15.5

CROISSANTS

Chicken and Brie with Spinach/Walnut Pesto 9.5

Ham and Cheese with Tomato Relish 8.5

BREAKFAST CIABATTA SANDWICH

Smoked Bacon, Soft Fried Egg, Baby Spinach, Tomato Relish, Cheddar Mayonnaise 11.5

SAUTEED BUTTON MUSHROOMS AND SNOW PEAS

on Toasted Seeded Rye with Ricotta, Lemon and Fresh Herbs 14.5

TOAST WITH BUTTER JAMS OR SPREADS

Wholemeal, White Sourdough, Turkish, Ciabatta 4.5
Seeded Rye 7.5

SMOKED BACON OMELETTE

Field Mushroom, Spinach, Cheddar Cheese with Toast 14.5

VEGETARIAN OMELETTE

Tomato, Baby Spinach, Field Mushroom, Fetta, Chives with Toast 15.5

PETROL THREE EGG TORTILLA

Smoked Bacon, Field Mushrooms, Fried Potatoes, Spinach and Fetta with Aioli on Sourdough 16.5

FREE RANGE EGGS SCRAMBLED

on choice of Toast with Tomato Relish 9.5

FRESH BREAKFAST PLATE

Tomatoes, Cucumber, Ricotta, Spinach/Walnut Pesto, Toasted Sourdough 13.5

GOATS CHEESE AND PROSCIUTTO

with Honey, Kalamata Olives, Cucumber, Lemon on Toasted Ciabatta 16.5

SIDES

Smoked Bacon 4.5, Prosciutto 6.0, Sautéed Baby Spinach 4.0

Sautéed Mushrooms 4.0, Oven Roasted Tomato 3.5

LUNCH

TRIO OF DIPS

Spinach and Walnut, Mushroom and Fetta, Capsicum and Olive with Crusty Bread and Pita 12.5

DUKKAH

Egyptian blend of Crushed Spices and Nuts served with Olive Oil and Crusty Bread 8.5

CHICKEN LIVER PATE

with Peppered Pinenut and Sultana Compote with Crusty Bread 14.5

WARM CHICKEN SALAD

Roasted Tomatoes, Walnuts, Capers, Fetta, Italian Parsley, Honey Soy Dressing with Mesculin Lettuce and Crusty Bread 15.5

TUNA SALAD

with Cannellini Beans, Baby Corn, Cucumber, Lemon Pepper, Mayonnaise with Mesculin Lettuce and Crusty Bread 14.5

WARM LAMB SALAD

Grilled Capsicum, Rocket, Roast Garlic, Potatoes, Italian Parsley, Mint, with lightly Spiced Hoisin Sauce and Crusty Bread 15.5

ANGUS BEEF MEATBALL SANDWICH

with Hummus, Tahini Yogurt, Napoli sauce, Cucumber, Fresh Tomato, Rocket 16.5

PANINI AND SANDWICH MENU

OLIVE OIL PANINIS TOASTED

SALAMI

Fetta, Capsicum/Olive Tapenade, Mayonnaise, Rocket 9.5

VEGETARIAN

Capsicum, Courgette, Fetta, Spinach/Walnut Spread 9.5

CHICKEN

Cheddar, Rocket, Cottage Cheese, Capsicum/Olive Tapenade 10.5

BACON AND EGG

Cheddar, Mayonnaise and Tomato Relish 9.5

SANDWICHES 8.5

Fresh or Toasted

TUNA

Baby Spinach, Lemon Pepper, Mayonnaise on Wholemeal

CHICKEN

Rocket, Mushroom/Fetta Spread on Sourdough

BACON

Lettuce, Tomato, Mayonnaise on Sourdough

HAM

Rocket, Cheddar, Mayonnaise, Wholegrain Mustard on Sourdough

BEVERAGES MENU

SMOOTHIES 6.0

add Flaxseed Oil 1.0

Mixed Berry

Banana and Passionfruit with Bee Pollen

Mango

ICED DRINKS

Iced Coffee 5.5

Iced Chocolate 5.5

Iced Mocha 5.5

Iced Tea 3.5

MILKSHAKES 5.0

Chocolate, Banana, Caramel, Strawberry

COLD BEVERAGES

PHOENIX ORGANIC

ORGANIC CARBONATES

Cola 4.0

Lemonade 4.0

ORGANIC LIGHT SPARKLING

Elderflower 3.5

Lemongrass 3.5

Lime blossom 3.5

ORGANIC BOTTLED JUICES

Mango Passion Apple 4.0

Orange Mango Apple 4.0

Guava and Apple 4.0

Pear and Apple 4.0

WATERS

Stills

Sparkling

SUNRAYSIA

Cranberry 3.5

Prune 3.5

Raspberry 3.5

BUNDERBERG

Gingerbeer 3.5

Lemon Lime & Bitters 3.5

COKE COLA

Bottled 3.0

SPIDERS 5.5

(Ice Cream Soda)

Lemonade, Blood Orange, Lime

JUICE 4.0

Orange

FRAPPES Dairy Free 5.5

Mixed Berry

Mango

Lychee and Coconut

CAFE

Espresso, Ristretto, Short Black, Macchiato 2.5

Flat White, Cappuccino, Long Black 3.0

Cafe Latte, Piccolo 3.0

Lge Latte, Lge Cappuccino, Lge Flat White 4.5

Lge Mocha, Chai Latte 4.5

Hot Chocolate 4.0

Mocha, Long Macchiato 3.5

Affogato 5.0

POTS OF TEA

Please See Tea Menu

EXTRAS

Decaf 0.5

BonSoy Soya Milk 0.5

Double Shot 0.5

PETROL HIGH TEA

SERVED FROM 2PM

Served Traditionally on a Three Tier Platter

Please ask for High Tea Menu

Serves Two 42.0